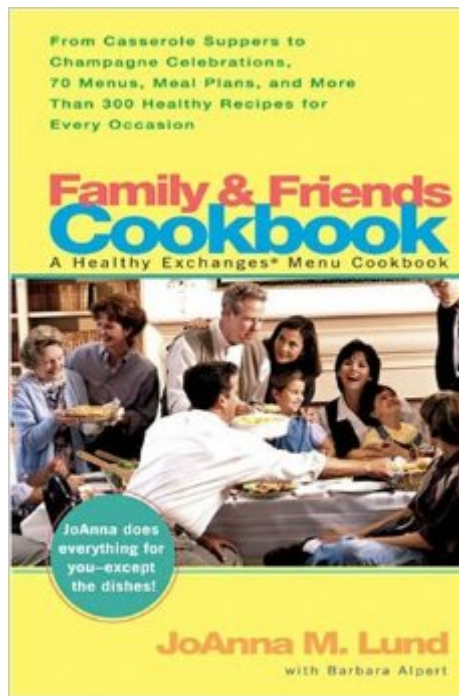


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# Family And Friends Cookbook: From Casserole Comforts To Champagne Wishes, 50 Menus, Meal Plans And 200



## Synopsis

From menus to meal plans, healthy recipes to brand selections and pantry tips, JoAnna M. Lund makes mealtime a breeze. Readers can use her menu suggestions to feed groups-from their closest kin to huge reunions. Whether it's an Old-Fashioned Chicken and Biscuits Dinner or a fresh Spring Fling, a Seaside Pasta Parade or a Sweet Summer Supper, hosts and hostess will be in and out of the kitchen faster than they can say Mocha Madness. Plus, when guests fill up on JoAnna's family-tested recipes, no one will ever know what's missing from these scrumptious concoctions: the fat, calories, and cholesterol! JoAnna covers: - Festive dishes for special occasions - Stress-free weeknight dinners - Buffets, brunches, and barbecues - Tips for cooking for a crowd - The ten commandments for healthy eating - Complete nutritional information for every recipe --This text refers to an out of print or unavailable edition of this title.

## Book Information

Plastic Comb: 336 pages

Publisher: Example Product Manufacturer (January 4, 2005)

ISBN-10: 0399530681

ASIN: B000BTH51W

Product Dimensions: 8.2 x 6.3 x 1 inches

Shipping Weight: 12 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #7,457,967 in Books (See Top 100 in Books) #94 inÂ Books > Cookbooks, Food & Wine > Beverages & Wine > Wine & Spirits > Champagne #160168 inÂ Books > Deals in Books

## Customer Reviews

Love these books!! She is very easy to follow and makes her food with recipes that are easy to find ingredients for. I have ordered many and my husband and I both like the simplicity of the recipes.

I have tried almost all of these recipes and each one tasted great. I love the fact that each recipe is low-fat AND tastes great. I've tried recipes on family and friends and no one was able to guess that it was low-fat. Everyone raved over them. I would buy one for all of my friends if I could afford to do so (but I don't want to give away all of my "secrets").

So far everything I have cooked from this cookbook has been excellent, easy to make and recipes

are easy to follow. I would recommend this book to anyone!!

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